St. John's 5th Family Fun Run
October 11, 2009

Sunday, October 11, 2009
1:00 p.m.
Philip C. Cohn Park
100 Prewett Drive • Folsom
(across from Oak Chan School)

To enter, complete form below and return with entry fee:

1 Last Name | Middle Initial | **2** First Name

3 Mailing Address

4 City | **5** State | **6** ZIP Code

7 (Area) Day Phone | **8** (Area) Evening Phone | **9** Grade, if a student

10a Age on Oct 11 | **10b** Gender | **11** e-mail address

Mark Event You Are Entering

- **12a** 5km Run/Walk
- **12b** Youth Fun Run
- **12c** Extra Race Number
  to record race times for both races

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	Adult		Child
S	M		M
L	XL		L

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Entry Fee:	Adults	Kids
Pre-registration	$25	$10
Day of registration	$30	$15
Extra Race Number	$5	$5

(includes: T-shirt & post-race refreshments)

One entry form per person; fees may be combined in one check

Mail/Pay to:

St. John's Family Fun Run
309 Montrose Drive
Folsom, CA 95630

Make check payable to SJNDS

Race Day Info:

11 a.m. – 12:30 p.m.
Run packet pick-up
and late registration

If you have any questions, send an e-mail to funrun@sjnds.com.

READ AND SIGN BELOW. ENTRIES WITHOUT SIGNED WAIVER AND RELEASE ARE NOT ACCEPTED

Liability and Public Release: I am aware that running a race is a potentially hazardous activity and that I am voluntarily participating in this activity with knowledge of the hazards involved, and agree to assume any and all risks of bodily injury, death, or property damage. In consideration for acceptance of my entry to participate, I agree that I, my assignees, heirs, distributes, guardians, next of kin, spouse and legal representatives will not make a claim against, sue, or attach the property of St. John The Baptist Church, St. John Notre Dame School, and all Sponsors, their representatives, and successors and any of their affiliated organizations (collectively "the Releasees") for injury or damage resulting from the negligence or other acts, however caused, by any director, employee, agent, or contractor of Releasees. I forever release the Releasees from any and all actions, claims or demands that I, my assignees, heirs, distributees, guardians, next of kin, spouse and legal representatives now have or may hereafter have for injury or damage resulting from my participation in this activity. I grant permission for the Releasees to use any photographs, motion pictures, recording, or any record of this event for any legitimate purpose. I am aware that the medical support for this event may be volunteers prepared to administer first aid assistance. I agree to abide by any decision of a race official relative to my ability to safely complete the race.

I HAVE CAREFULLY READ THIS WAIVER AND RELEASE AN UNDERSTAND IT IS A CONTRACT AND A RELEASE OF LIABILITY.

Signature | Date | Parent/Guardian's Signature if Under 18